

TARANAKI Posing Sessions



Farah Deobhakta will be available for Posing Sessions in New Plymouth in the build up to, and during the 2021 Bodybuilding Calendar.

If you're a local Taranaki athlete wanting to learn more about posing, how its done and fine tune what will work best for you on stage, then this is a great opportunity for you!

The Posing Sessions are open to both males and females, and all categories.

Farah has a wealth of knowledge, with over 30 years experience in the sport of bodybuilding, with multiple Regional National and International Titles.

If you are keen to take this opportunity contact Farah Deobhkata directly via messenger on FB.